(*d*) No prisoner who has been on No. 1 diet shall be placed upon this diet for a fresh offence until an interval has elapsed equal to the period already passed by the prisoner on No. 1 diet.

(2) *No. 2 Diet*

(*a*) This diet when given for a period of twenty-one days, or less, shall consist of:—

Breakfast	Bread, 8 oz. with water.
Dinner	1 pint of porridge containing 3 oz. Oatmeal. Potatoes, 8 oz. Bread, 8 oz. with water.
Supper	Bread, 8 oz. with water.

(*b*) This diet when given for a period of more than twenty-one days shall consist of:—

(i) For the first twenty-one days, the diet as at (2) (*a*).

(ii) For the next seven days the diet prescribed for prisoners employed on ordinary industrial labour according to sex.

(iii) For the remainder of the period, the diet as at (2) (*a*).

(*c*) If a prisoner while on No. 2 diet is guilty of misconduct, No. 2 diet may be temporarily interrupted, and the prisoner may be placed on No. 1 diet for a period not exceeding three days; on the expiration of the period awarded on No. 1 diet the prisoner shall resume the diet originally ordered, and the period passed upon the No. 1 diet shall count as part of the period originally awarded on No. 2 diet, provided that no prisoner who has been upon No. 2 diet for a period of twenty-one days continuously shall be again placed on either No. 1 or No. 2 diet until after the expiration of one week.

PRISON, SCOTLAND

The Discontinuance of Legalised Police Cells (Scotland) Rules, 1949

1949 No. 871 (S. 48)

Made - - - -	*9th March*, 1949
Laid before Parliament	*15th March*, 1949
Coming into Operation	*5th May*, 1949*

In exercise of the powers conferred on me by section 30 of the Prisons (Scotland) Act, 1877(a) and of all other powers enabling me in that behalf I hereby make the following Rules:—

1. These Rules may be cited as the Discontinuance of Legalised Police Cells (Scotland) Rules, 1949.

(a) 40 & 41 Vict. c. 53.

* In accordance with the provisions of section 58 of the Prisons (Scotland) Act, 1877, these Rules have lain before both Houses of Parliament for a period of forty days before coming into operation.

2. The Interpretation Act, 1889(a), applies to the interpretation of these Rules as it applies to the interpretation of an Act of Parliament.

3. The Rules (b) set out in the first column of the Schedule hereto relating to the matters set out in the second column thereof are hereby revoked.

Dated this 9th day of March, 1949.

Arthur Woodburn,
One of His Majesty's Principal Secretaries of State.

St. Andrew's House,
Edinburgh, 1.

SCHEDULE

Rule	Matter to which it relates
Rule dated 6th June, 1884, made by the Secretary of State under the Prisons (Scotland) Act, 1877.	Appointing the discontinued prison of Wigtown to be a legal prison for the detention of prisoners for a period not exceeding fourteen days before or during or after trial.
Rule dated 5th April, 1887, made by the Secretary for Scotland under the Prisons (Scotland) Act, 1877.	Appointing the discontinued prison of Haddington to be a legal prison for the detention of untried prisoners for a period not exceeding fourteen days before or during trial, and of convicted prisoners for a period not exceeding five days from the date of conviction.
Rule dated 2nd March, 1896, made by the Secretary for Scotland under the Prisons (Scotland) Act, 1877.	Appointing the police cells at Duns, in the County of Berwick, to be a legal prison for the detention of prisoners for a period not exceeding fourteen days before, or during or after trial.
Rule dated 1st July, 1911, made by the Secretary for Scotland under the Prisons (Scotland) Acts, 1860 to 1904.	Declaring police cells at Alloa, in the County of Clackmannan, to be a legal prison for the detention of prisoners for a period not exceeding three days before, or during, or after trial.
Rule dated 17th March, 1927, made by the Secretary of State under the Prisons (Scotland) Acts, 1860 to 1926.	Appointing police cells in the Burgh of Galashiels to be a legal prison for the detention of prisoners for a period not exceeding five days before, or during, or after trial.
Rule dated 17th July, 1929, made by the Secretary of State under the Prisons (Scotland) Acts, 1860 to 1926.	Appointing police cells in the Burgh of Stonehaven to be a legal prison for the detention of prisoners for a period not exceeding five days before, or during, or after trial.

(a) 52 & 53 Vict. c. 63.
(b) S.R. & O. Rev. (1st Edit.) Vol. V, p. 719; S.R. & O. Rev. (1st Edit.) Vol. V, p. 714; S.R. & O. 1896 (No. 369) p. 366; S.R. & O. 1911 (No. 760) p. 491; S.R. & O. 1927 (No. 403) p. 1943; and S.R. & O. 1929 (No. 828) p. 1502.